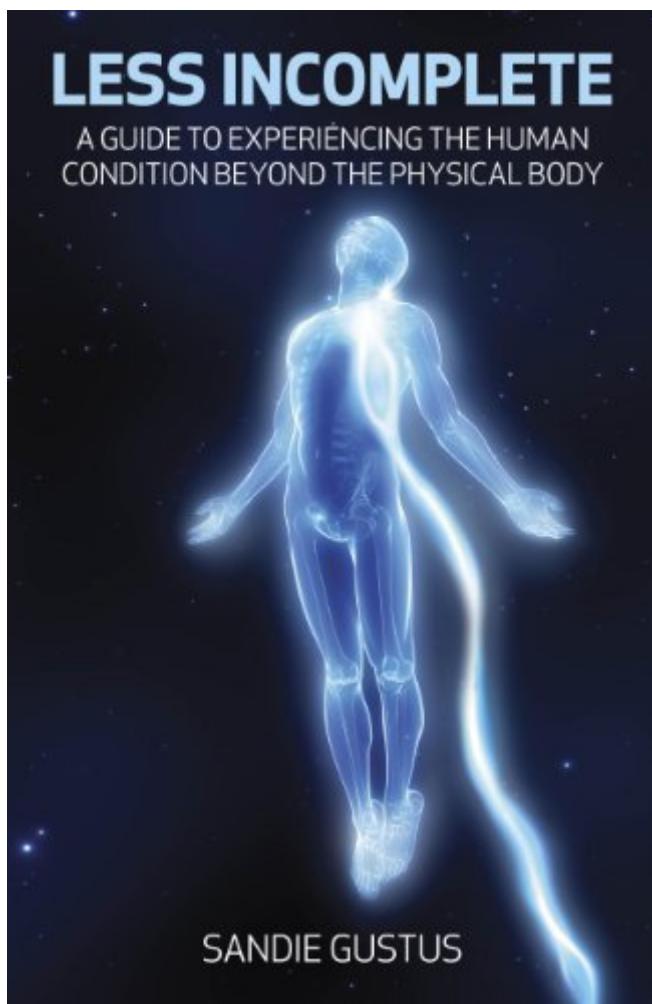


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# Less Incomplete: A Guide To Experiencing The Human Condition Beyond The Physical Body



## **Synopsis**

Based on an advanced, new scientific approach to studying the consciousness, soul, spirit, as proposed by renowned Brazilian consciousness researcher, Dr. Waldo Vieira, this book provides a comprehensive understanding of the reality of the human condition beyond the physical body, offering readers a profound opportunity to increase their self-awareness, self-confidence, balance and maturity, and to take control of their experience of life. In this book, conscientiology and projectiology, the two new sciences proposed by Vieira, are explained in layman's terms.

Conscientiology is the science that studies the consciousness, investigating all of its attributes, properties, characteristics, bodies, lives and phenomena. The book examines three attributes of the consciousness; that it is multidimensional, multiexistential, i.e. it reincarnates, and that it evolves.

Projectiology is the study of the projection of the consciousness or out-of-body experience commonly known as OBE

## **Book Information**

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## **Customer Reviews**

Prior to purchasing *Less Incomplete*, I was completely unfamiliar with the work of Waldo Vieira, Wagner Alegretti, or of the author, Sandie Gustus. Other materials on the OBE that I was familiar

with included Robert Monroe's books and Hemi-Sync materials, Bruce Moen's related works, Robert Bruce's "Astral Dynamics" and William Buhlman's "How to Have an OBE" CDs. *Less Incomplete* stands apart for me on account of its attempt to solidify the experience of the OBE and the mechanisms behind it in a coherent and dogma-free framework. You won't be encountering antiquated Theosophical or occult terminology in this book. What you will find is a framework to understand the OBE and the realms one might encounter that is built upon many individuals' separate experiences out of body. This gives it something of an empirical flavor that doesn't ask you to take anything at face value on account of the authority of any single individual. You'll learn a great deal about karma in this book - "egokarma," "groupkarma," "polykarma" - and the value of the phenomenon of the OBE will be cast against the idea of "holokarma," (a sort of collective, multifaceted karma) as laid out in *Less Incomplete*. One major function of having an OBE, as this book argues, is to learn firsthand that we should strive to live in a "cosmoethical" manner - thus freeing ourselves of the accumulation of various undesirable forms of karma. Gustus proposes that having an OBE can diminish or eradicate one's fear of death, various spiritual misconceptions, and clarify one's life purpose (an objective thing, planned prior to being born, no less!). Additionally, the exercises presented are claimed to enable us to alleviate both our own and others' emotional and mental anguish, various health-related issues, and any variety of existential hangups. I am really astounded at how much is packed into just this one single book! There is far more than I can cover in this review and I highly suggest you take a look at the available preview to check out the Contents section. I really enjoyed reading it, and now that I have finished reading it, I am very excited to put it into practice and learn first hand. Happy trails!

I thought, I am buying just another book describing out-of-body experiences. But, I was surprised. It is a complete system presented in a very logical manner. The author is not trying to convince you in anything, but she is presenting a comprehensive and well structured philosophy explaining the nature of humans. Brilliant in any aspect.

I have read several books on Astral Travel and OBE I found most of them to be utter rubbish and totally misleading to say the least. (You can read my other reviews). I have been practicing OBE's for some years now with mixed results. This book has brought it all together for me. I had trouble putting this book down and completed it in a short time. As I was reading each chapter I knew each subject to be true, due to my experiences, and, well just a sense of knowing if you will. It just sat right with me. This book brings a sense of ease to your mind and if you practice you will no doubt

open up new worlds of knowledge, experience, lessons and contentment. Well done to Sandie Gustus for putting all this together, and from the bottom of my heart Thank -you.

Well written. Very informative. Not too technical for a lay person.

It gives you a different perspective on lifeIt gives you hope and a path to better lives, easy to read

One of the very best books I have read on the subject. The author does not coddle the reader regarding karma and personal responsibility. This book goes into a depth not usually found in other books on out of body experience.

I won't say I don't agree with most of what she says. I'll only say that by the end of the book one could easily have a sense of paranoia and fear growing that only the Catholic church could rival.

This book gives a lot of explanations on not only what an OBE feels like, but gives techniques, pointers and good counsel. I read it through once and must read it again to truly absorb all it covers. Would buy again.

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